



Dyslexia Assessment & Consultancy

Experts working with dyslexia and neurodiversity

41 Cardigan Street, Kennington, London SE11 5PF

020 7582 6117 // 020 7820 1970

www.workingwithdyslexia.com // info@workingwithdyslexia.com

Dyspraxia / Developmental Coordination Disorder Checklist

Tick if Yes

Do you often bump into things/people and tend to trip up?

Do you spill and drop things often?

Do you find it difficult to do practical tasks such as: cooking

DIY

typing

keying numbers on the 'phone

driving a car.....

riding a bike.....

Do you find sports difficult, especially team and bat and ball games?

Do you find it difficult to judge distance and space?

Are you over/under sensitive to: sound

smell.....

taste

Are you generally disorganised and untidy?

Do you have problems prioritising and recognising what is important and what is not?

Do you find it hard to finish off work?

Do you often lose or mislay things and find it difficult to remember where you have put them?

Do you have problems working against a background of noise?

Do you notice a delay between hearing something and understanding it?

Do you find you take spoken and written words literally and find it hard to pick up shades of meaning?

Do you find it difficult to interpret body language?

Do you interrupt people often?

If you think that you have a good number of these difficulties, an assessment may provide you with the support you are looking for. Contact us to discuss. Details at the top.